Reducing Psychological Harm from Traumatic Events Among Children and Adolescents: Psychodynamic Therapy

Task Force Finding

**Intervention Definition**

The goal of psychodynamic therapy is to allow a traumatized individual to review unconscious thoughts and emotions and to integrate the traumatic event into a revised understanding of life.

**Task Force Finding (June 2006)**

The Task Force finds insufficient evidence to determine the effectiveness of psychodynamic therapy in reducing psychological harm in children and adolescents because only one qualifying study of greatest design suitability and fair execution was identified.

*From the following publication:


**Publications**


**Disclaimer**

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