Reducing Psychological Harm from Traumatic Events Among Children and Adolescents: Play Therapy

Task Force Finding

Intervention Definition
Play therapy has been used as a means to enhance communication about and facilitate the resolution of trauma-related issues for child crime victims.

Task Force Finding (June 2006)*
The Task Force finds insufficient evidence to determine the effectiveness of play therapy in reducing psychological harm in children and adolescents because of substantial heterogeneity in the body of evidence, particularly in the intervention format.

*From the following publication:

Publications


Disclaimer
The findings and conclusions on this page are those of the Community Preventive Services Task Force and do not necessarily represent those of CDC. Task Force evidence-based recommendations are not mandates for compliance or spending. Instead, they provide information and options for decision makers and stakeholders to consider when determining which programs, services, and policies best meet the needs, preferences, available resources, and constraints of their constituents.

Document last updated October 18, 2010