Reducing Psychological Harm from Traumatic Events Among Children and Adolescents: Art Therapy

Task Force Finding

**Intervention Definition**
Like individual cognitive-behavioral therapy (CBT), group CBT is frequently used to reduce psychological harm in children exposed to trauma.

**Task Force Finding (June 2006)**
The Task Force finds insufficient evidence to determine the effectiveness of art therapy in reducing psychological harm in children and adolescents, because only one study of fair quality of execution was found.

*From the following publication:

**Publications**


**Disclaimer**
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Document last updated October 18, 2010