A Conceptual Approach to Prevention of Skin Cancer through Interventions to Reduce UV Light Exposure

Possible harms:
- Vitamin D deficiency
- Less physical activity

Intervention

Increase awareness of intervention program

Increase knowledge of:
- UV effects (photodamage, wrinkling)
- Skin cancer (different types, prevention related)
- UV protection (knowledge of how to protect oneself)
- Recognition of terms (related to intervention)

Change attitudes about:
- UV exposure (exposure during peak hours)
- Suntanning

Change behavior:
- Increase UV protection (use of appropriate clothing, shade, and sunscreen)
- Limit UV exposure (avoiding exposure during peak hours)

Decrease incidence of sunburn

Decrease incidence of skin cancer

Legend
Evaluated
Not evaluated

*Improvements in sunscreen use alone would not result in a recommendation outcome (see full MMWR report)