Analytic Framework: Enhanced School-based Physical Education

Key Effect Modifiers
- Strategies used, teacher certification or training, duration
- Student grade, gender, race, ethnicity, SES
- School physical environment, amount of PE, school policies, location

Enhanced School-based Physical Education

Students (School-aged youth)

Increase in amount of time spent being physically active during PE lessons

Improvements in:
- Knowledge
- Skills
- Intentions to be active

Increase in moderate- or vigorous-intensity PA during PE class

Increase total moderate- or vigorous-intensity PA

Improve aerobic capacity

Reduced Morbidity/Mortality