Analytic Framework - Obesity: Provider-Oriented Interventions for Children

Educating providers to deliver weight loss assistance and support

- Healthcare providers
  - Provider awareness, knowledge, and skills
  - Screening for overweight/obesity
    - Providers
    - Patient/parent
      - Provider counsels patient/parents on behavior change and weight control
      - Provider refers patient/parents to counseling
      - Parental support

Weight loss strategies

- Provider follow-up
  - Patients' awareness, knowledge, and skills
  - Patients don't lose weight
  - Patients lose weight

- Patients change nutrition, physical activity, and other lifestyle behaviors

Time

- Patients don't maintain weight loss
  - Relapse prevention
  - Quality of life
  - Healthcare utilization
  - Morbidity and mortality

- Patients maintain weight loss