Analytic Framework: Interventions to Support Healthier Foods and Beverages in Schools

**School-based Food and Beverage Policy, Practices, or Programmatic Interventions**

- Students
- Family
- School Personnel

**Target Population**

- Intervention
- Intermediate Outcomes
- Recommendation Outcome, most relevant
- Recommendation Outcomes
- Target Population
- Causal relationship

**Key Potential Effect Modifiers**

- Intervention intensity and duration
- Population Characteristics: age, SES, sex, weight status
- Peer Influence

**Additional Benefits:**
- Health-related quality of life, physical activity

**Potential Harms:**
- Negative body image

**Increased:**
- Knowledge
- Awareness
- Motivation
- Skills

**Improved Diet**
- (e.g., increased fruit/veg, whole grains, low-fat dairy, and reduced sugars, fats, and sodium)

**Improved/ Maintained Weight-related Outcomes**
- (e.g., BMIz, % body fat)

**Clinical Outcomes**
- Metabolic

**Improved psychosocial outcomes**
- (e.g., self-efficacy)

**Recommendation Outcomes**

**Intermediate Outcomes**

**Reduced Morbidity, Mortality & Disparities**
- (obesity/overweight prevalence)