Analytic Framework: Effectiveness of Mental Health Benefits Legislation in Improving Mental Health

Mental Health Benefits Legislation
- Parity
- Mandate laws
- Executive orders

The insured in health care service plans

Reduction in mental health coverage restrictions

Increase in mental health benefits offered

Increased access to mental health care for plan clients

Improved financial protection

Increased appropriate utilization of mental health services by clients

Increased diagnosis of mental illnesses

Improved quality of care

Improved mental health
  - Reduced symptoms
  - Increased remission
  - Increased recovery
  - Decreased relapse

Reduced mortality

Improved quality of life
  - Improved functional status

Intervention

Target population

Intermediate Outcomes

Confounder

Health Outcomes