Cancer Prevention & Control, Client-Oriented Screening Interventions: Small Media

Summary Evidence Table

Author, Pub year, (Study Period), Intervention	Design, Category, Execution	Study Location, Setting type Population Description	Interventions Studied, Comparison, and Number of Participants	Outcome/Effect Size and Statistical Significance
Bastani, 1994 (1989) Intervention: Small media	Design: Randomized trial (Individual) Design Category: Greatest suitability Execution: Fair	Los Angeles County; community wide (homes); Women, English speaking, aged > 40 years; mostly urban; 70.8% White, 12.0% African-American, 8.3% Hispanic, 5.3% Asian, 2.9% Other; 23.5% >\$50,000 household income, 40.3% \$20,000-49,999 household income, 25.6% <\$20,000 household income	1.Informational booklet, bookmark mailed with thank you note (n=401) versus 2.Thank you note, alone (n=401)	Completed mammogram determined by self report 1 versus 2 = -3.0 pct pt (NS)
Bastani, 1999 (1990-1991) Intervention: Small media	Design: Randomized trial Design Category: Greatest suitability Execution: Good	California; homes; Women who were the mother, sister or daughter of a patient with breast cancer, ≥ 30 years of age, resided in the USA or Canada, and had no personal history of breast cancer; 90.2% White; 35.9% >\$50,000 household income, 50% \$20,000-49,999 household income, 14.1% <\$20,000 household income Baseline screening	1.Tailored risk notification, educational booklet, notepad, and bookmark (n=382) versus 2.Basic educational materials on breast cancer and mammography (n=371)	Completed mammogram determined by self report 1 versus 2 = 7.7 pct pt (p<.05)

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Intervention	Execution	Description	Number of Participants	Significance
		mammogram in 12 months prior to baseline: I $(n=382)=55.0\%$ C(n=371)=54.9%		
Byles, 1996 (October-December 1992) Intervention: Small media	Design: Nonrandomized trial (group) Design Category: Greatest suitability Execution: Fair	New South Wales, Australia; homes and communities; Women age 18 to 70 yrs on electoral register; urban population. Baseline unscreened or overdue: I ₁ = 45.2% I ₂ = 27.5% C= 30.3%	1. Television media campaign plus two personally addressed letters, mailed 3 years apart, reminding women of the importance of screening. (n=15,638) versus 2. Initial letter only (n=18,425) versus 3. No letter (n=14,527)	Completed Pap test determined by health insurance commission claims The published article did not provide an effect measure consistent with our analyses (relative, pct pt Δ in acceptance). There is a positive effect by the first letter on Pap test acceptance but not by the second.
Byles, 1995 (June 1989) Intervention: Small media	Design: Randomized trial (Individual) Design Category: Greatest suitability Execution: Fair	Australia, Communities, Women aged 18-70 living in designated study regions during study period (regardless of screening status)	1. Letter that covered cervical cancer screening guidelines mailed (n=959) versus 2. Mailed small media plus 5 prompt cards designed to assist women in overcoming commonly reported barriers to screening, including forgetting to make an appointment. Non-responders were sent a reminder notice followed by a phone call 1 month after the letter was sent (n=933) vs. 3. Control (n=1202)	Completed Pap test determined by health insurance commission claims. Published article did not provide an effect measure consistent with our analyses (relative, not pct pt Δ in acceptance). Little difference between multifaceted and simple approach. Both approaches more effective than no intervention. (Difference reported as relative Δ) 1 versus 2 = 2.8% (NS) 1 versus 3 = 34.4% (p<.05) 2 versus 3 = 31.6%

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				(p<.05)
Champion, 2002 (1996 – 2000) Intervention: Small media	Design: Randomized trial Design Category: Greatest suitability Execution: Fair	St. Louis, MO & Bloomington, IN; two HMO's and a General medicine clinic; Women with no history of breast cancer, no mammogram in 15 months, and >51 years of age; 21% African American, 77% White; 24% < \$15,000 annually	1. Tailored letter mailed (n=263) versus 2. Control: usual care (n=269)	Completed mammogram determined by self-report 1 versus 2 = 11.2 pct pt (NR)
Champion, 2003 (1996-2000) Intervention: Small media	Design: Randomized trial Design Category: Greatest suitability Execution: Fair	Indiana; Large HMO and a General medicine clinic Women (at the selected HMO and general medicine clinic) between the ages of 50 and 85, no mammogram in the last 15 months and no history of breast cancer; 24.0%-40.7% African American across groups; 21.2% income < \$10,000	1. Letter from physician (n=131) versus 2. Control: general postcard reminder to schedule a mammogram (n=134)	Completed mammogram determined by self report 1 versus 2 = 14.2 pct pt (p<.05)
Davis, 1998 (study period not reported) Intervention: Small media	Design: Randomized trial (Individual) Design Category: Greatest suitability Execution: Fair	Philadelphia, Pennsylvania; university- based public hospital; women age ≥40 yrs who had not had a mammogram in the past year and were waiting to see a physician in 1 of 2 outpatient clinics in Northwest Louisiana; Predominantly African American (66%- 73% across groups) and low	1. Brochure (n=147) versus 2. Brochure plus video (n=151) versus 3. Control: Personal recommendation from an investigator to get a mammogram (n=147)	Completed mammogram determined by medical record audit (total utilization rate after 24 months) 1 versus 3 = -3.0 pct pt (NS) 2 versus 3 = 3.0 pct pt (NS)

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		income		
Dickey, 1992 (12/13/88-4/13/89) Intervention: Small media	Design: Nonrandomized trial (group), Design category: greatest suitability, Execution: fair	San Francisco, CA; two practice groups of a residency-affiliated family health center; English- or Spanish-speaking women, ages 19–74, at least one visit with continuing provider during 14 mos. prior to index visit or at least two visits with continuing provider in 18 mos. after index visit, no AIDS or ARC diagnosis, not pregnant 14 mos. prior to index date and 18 mos. after index date, and never seen for care by principal investigator. No mention of screening status for inclusion	1. Patient-held minirecord (health diary) was distributed (n=200) versus 2. No intervention in place (n=200)	Completed mammogram, Pap test, and FOBT determined by medical record audit at 6 months Mammogram: 1 versus 2 = 24.8 pct pt (<.05) Pap test: 1 versus 2 = 21.8 pct pt (<.05) FOBT: 1 versus 2 = 18.3 pct pt (<.05)
Dietrich, 1989 (1984, one year period?) Intervention: Small media	Design: Randomized trial (Individual) Design Category: Greatest suitability Execution: Fair	New England town of ~ 10,000; established community practice; Age ≥65 years, had office visits during 3-month enrollment period, had received care from practice for at least 12 months; race/ethnicity not reported.	 Letter and questionnaire mailed (n=59) versus No mailing of materials (n=55) 	Complete mammogram, Pap determined by record audit: 1 versus 2 = 20.0 pct pt (NS) Pap test: 1 versus 2 = 12.0 pct pt (NS) "FOBT" excluded since only done as a one-time stool guaiac
Eaker, 2004 (January 16, 2001 – ~ September 2001) Intervention: Small	Design: Randomized trial (Individual) Design Category: Greatest suitability	Uppsala County, Sweden; community/region wide; age 25 – 59, residents in Uppsala County, <u>had not</u>	Modified letter and brochure (n=NR) versus Standard letter	Completed Pap test determined by database record review 1 versus 2 = 1.3 pct pt

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media	Execution: Fair	had Pap during call-recall system and invited to screening during 17 weeks in the first ½ of 2001. Overdue?	(n=NR)	(NS)
Falvo, 1993 (3 month intervention period, year not reported) Intervention: Small media	Design: Randomized trial (Individual) Design Category: Greatest suitability Execution: Fair	Rural Midwestern city; family practice center; Female patients presenting at the family practice center over 3 months, no previous mammogram, no history of breast disease, and no history of breast-related symptoms or problems; population not well described.	 Pamphlet delivered by physician (n=25) versus Oral information about mammography from their physician (n=25) versus Pamphlet and oral information from their physician (n=25) versus No intervention (n=25) 	Completed mammogram determined by medical record audit No results other than non significant p-value to describe inter-group comparisons None, NS
Fox, 2001 (1991-1993) Intervention: Small media	Design: Quasi- randomized trial, Design Category: Greatest suitability Execution: Fair	Greater Los Angeles, CA; community- wide; Medicare beneficiaries who were noninstitutionalized women with no history of breast cancer and able to complete the 45-minute bilingual telephone interview or mailed questionnaire (on occasion, in person interview); 54%-79% White,14%-34% Black,7%-12% Hispanic; (regardless of screening status)	1.Letter mailed (n=434) versus 2.No mailing (n=483)	Completed mammogram within the last 2 years determined by self report 1 versus 2 = 5.7 pct pt (p<.05)
Harris, 2000	Design: Randomized trial	Hunter Area of New South	1.Pamphlet (n=158)	Completed FOBT

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(NR) Intervention: Small media	(Individual) Design Category: Greatest suitability Execution: Fair	Wales, Australia; women with a positive family history of colorectal cancer seen at general practitioners' offices; population not well described.	versus 2.Crossover design. Patients considered exposed to the intervention if they saw their general practitioner during the intervention period (n=145)	determined from referrals/appointments: Screening of 1 st degree relative Group 1: 18% uptake Group 2: 4% uptake OR=4.7, 95% CI=1.4- 16.7
Hart, 1997 (NR) Intervention: Small media	Design: Randomized trial Design Category: Greatest suitability Execution: Fair	Market Harborough, England; community wide; residents of Market Harborough aged 61-70 years registered with the selected practice; population not well described.	1.Invitation to receive free FOBT and leaflet about colorectal cancer screening (n=806) versus 2.Invitation to receive free FOBT only(n=765)	Completed FOBT determined by number of FOBT kits received 1 versus 2 = 7.0 pct pt (p<.05)
Herman, 1995 (October 1989- March 1990) Intervention: Small media	Design: Randomized trial Design Category: Greatest suitability Execution: Good	Cleveland, OH; clinic/office; 65+ years of age w/o dementia or severe illness; 36.4%-49.1% African American, 45.9%-57.1% White, 5.0%-7.3% Hispanic; subset of 471 w/o prior mammogram.	1.Educational materials given to the patient by the nurse (n=159) versus 2.MD intensive education only (n=161)	Completed mammogram to women with no previous mammogram determined by medical record audit 1 versus 2 = 13.4 pct pt (p<.05)
Jibaja-Weiss, 2003 (NR) Intervention: Small media	Design: Randomized trial (Individual) Design Category: Greatest suitability Execution: Fair	Houston, TX; clinic/office; age 18-64 yrs no mammogram or Pap test during past 2 years; had no more than 2 visits for an acute or chronic illness within the past 2 years; and mailing address verified by telephone contact; 38%-43.5%	1.Letter mailed (n=460) versus 2.Tailored letter mailed (n=524) versus 3.Usual care (n=499)	Completed cancer- screening services within 12 mo. of intervention determined by electronic appointment system Mammogram 1 versus 3 = 9.8 pct pt (p<.05) 2 versus 3 = -7.7 pct pt (p<.05)

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		African American, 39.7%-40.9% Mexican American, and 16.8%-18.8% non-Hispanic.		Pap 1 versus 3 = 4.0 (NS) 2 versus 3 = -16.2 (p<.05)
Kramish-Campbell, 2004 (1998-2000) Intervention: Small media	Design: Randomized trial (Group) Design Category: Greatest suitability Execution: Fair	North Carolina rural community; Churches with 80 or more active members; predominantly African American; active participants 18 and older; Baseline data: I (n=76) 19.7%, C(n=69) 30.4%	 Tailored videotapes and newsletters (n= 76) versus Offered health education sessions and speakers on topics of their choice not directly related to study objectives (n=69) 	Completed CRC screening determined by self report of (1) FOBT in the past year and (2) any combination of test indicating up-to-date adherence with recommendations 1 versus 2 = 25.8 pct pt (p<.05)
Lee, 1991 (1988) Intervention: Small media	Design: Randomized trial (Individual) Design Category: Greatest suitability Execution: Fair	Washington state; employees ≥40 yrs; 56%- 58% male/42%-43% female; 91-98% White. Random assignment of participants by FOBT during the last 3 years and by 3 risk levels for colorectal ca.	1.Two detailed letters (n=139) versus 2.Simple letter explaining the availability of the FOB test at the worksite clinic (n=139)	Completed FOBT during a 3 month FU period determined by medical record audit. 1 versus 2 = 4.3 pct pt (NS)
Lipkus, 2000 (June 1994 – March 1998) Intervention: Small media	Design: Randomized trial Design Category: Greatest suitability Execution: Fair	Raleigh/Durham/Chapel Hill, NC (urban) HMO; Age ≥50 yrs; 5 HMO sites; ≤ 2 mammograms in 36 month period. Excluded non-English speaking/ hx of breast cancer with double mastectomy; currently with breast cancer;82% Caucasian, 16% African American; mean age 59 yrs	1.Tailored booklet (n=366) versus 2.Usual care (Extensive system of reminders to non-compliant eligible women) (n=362)	Mammography completed (on schedule) as determined by self report after first year: 1 vs. 2 = 7 pct pt (p<0.05) (10 pct pt among women on schedule at preintervention survey [n=261] vs2 pct pt among women off schedule at preintervention survey

McCaul, 2002 Captember 1986 Intervention: Small media Mead, 1995 Intervention: Small media Design: Pre-post of the fibruary 1993) Intervention: Small media Design: Randomized trial media D	Author, Pub year, (Study Period), Intervention	Design, Category, Execution	Study Location, Setting type Population Description	Interventions Studied, Comparison, and Number of Participants	Outcome/Effect Size and Statistical Significance
Completed mammogram paid for by Medicare in the previous 2 ½ years; pon not well described.	(April –November 1987 *the study was conducted and collecting data from February 1987-March 1988) Intervention: Small	Design Category: Greatest suitability	women with Asian names, registered with general practitioner and no record of pap test up to 31 Dec 1986; "Asian" refers to Pakistani and New Commonwealth ethnic origin /descent, including those from Bangladesh	mailed (n=131) <i>versus</i> 2. Women were not contacted at all in any	determined by medical record audit 1 versus 2 = 6.0 pct pt
Mead, 1995 (4-week period in February 1993) Intervention: Small media Mitchell 1991 1989 Intervention: Small media Design: Pre-post Design Category: Least suitability Mitchell 1991 1989 Intervention: Small media Design: Pre-post Design: Pre-post Suitability Design Category: Least suitability Execution: Fair Albuquerque, NM; family practice clinic (U of New Mexico School of Medicine); age >21 yrs seen in family practice clinic if at the time of visit hadn't received one of the preventive services w/in specified period; race/ethnicity NR. Mitchell 1991 1989 Intervention: Small media Design: Nonrandomized trial Design Category: Greatest suitability Execution: Fair Albuquerque, NM; family practice clinic (U of New Mexico School of Medicine); age >21 yrs seen in family practice clinic (I of New Mexico School of Medicine); age >21 yrs seen in family practice clinic (I of New Mexico School of Medicine); age >21 yrs seen in family practice clinic (I of New Mexico School of Medicine); age >21 yrs seen in family practice clinic (I of New Mexico School of Medicine); age >21 yrs seen in family practice clinic (I of New Mexico School of Medicine); age >21 yrs seen in family practice clinic (I of New Mexico School of Medicine); age >21 yrs seen in family practice clinic (I of New Mexico School of Medicine); age >21 yrs seen in family practice clinic (I of New Mexico School of Medicine); age >21 yrs seen in family practice (Inic if at the time of visit hadn't received one of the preventive services w/in specified period; (NS) Pap test 1 versus 2 = 12.0 pct pt (NS)	(September 1996) Intervention: Small	(Individual) Design Category: Greatest suitability	HMO; Medicare subscribers 65-80 yrs with no mammogram paid for by Medicare in the previous 2 ½ years; pop	Medical Director(n=944) versus 2. Enhanced letter mailed by medical Director (n=944) versus	1 versus 3 = .5 pct pt (NS) 2 versus 3 = .1 pct pt
trial regions, East and Northwest); Age 40-69, media Execution: Fair regions, East and Northwest); Age 40-69, race/ethnicity not reported 2. No intervention (n~1880) determined by reports within 12 week period before intervention): 1 vs. 2 = 3.1 pct pt	(4-week period in February 1993) Intervention: Small media	Design Category: Least suitability	Albuquerque, NM; family practice clinic (U of New Mexico School of Medicine); age >21 yrs seen in family practice clinic if at the time of visit hadn't received one of the preventive services w/in specified period;	Posters and videos in patient area (n=389) versus Historical controls	Completed mammogram and Pap test determined by medical record audit Mammogram 1 versus 2 = 12.0 pct pt (NS) Pap test 1 versus 2 = -1.0 pct pt
Powe, 2002 Design: Randomized trial Eight counties in 1. Video ("Telling the Completed FOBT	1989 Intervention: Small media	trial Design Category: Greatest suitability Execution: Fair	regions, East and Northwest); Age 40-69, race/ethnicity not reported	2. No intervention (n~1880)	determined by reports within 12 week period before intervention): 1 vs. 2 = 3.1 pct pt (p<.05)

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(NR) Intervention: Small media	(Group) Design Category: Greatest suitability Execution: Fair	southern state; senior centers/non clinical setting; African American women, ≥ 50 yrs old and mentally oriented to time and location, usually attending centers daily for lunch; mean age 73.4-75.13 yrs; 76%-94% mean income <\$10000;	Story - To Live is God's Will"), 12 month calendar with CRC information, poster at senior center, mailed brochure, color handout with instructions & pictorial of how to correctly complete FOBT(n=40) vs. 2. Video ("Telling the Story - To Live is God's Will") (n=37) vs. 3. ACS video "Colorectal Cancer: The Cancer No One Talks About". (n=29)	determined by kits returned to researcher 1 versus 3 = 56.0 pct pt (p<.05) 2 versus 3 = 27.0 pct pt (p<.05)
Pye, 1988 (study period not reported) Intervention: Small media	Design: Randomized trial (Individual) Design Category: Greatest suitability Execution: Fair	Nottingham, UK; homes; men and women ages 50–74 yrs; population not well described.	1. Letter, educational leaflet, & FOBT vs. 2. Educational leaflet 2 weeks before FOBT and letter vs. 3. FOBT and doctor's usual letter N=3860	Completed FOBT determined by medical record audit 1 versus 3= -9.0 pct pt(NS) 2 versus 3= -4.0 pct pt(NS)
Rakowski, 1998 (study period not reported)	Design: Randomized trial (Individual) Design Category: Greatest suitability Execution: Fair	Rhode Island and Massachusetts; homes, HMO; women ages 40–74 yrs, English speaking, and not diagnosed or suspected of having breast cancer, and not pregnant or nursing; 94% White. (regardless of screening status)	1. Packet of information mailed (n=479) versus 2. Packet of information tailored to stage of adoption mailed (n=461) versus 3. Control group received no patient materials. (n=457)	Completed mammogram determined by self report 1 versus 3 = 3.6 pct pt (NS) 2 versus 3 = 8.7 pct pt (p<.05)

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Rimer, 1999 (1992 - 1996) Intervention: Small media	Design: Quasi- randomized trial (individual), Design category: greatest suitability Execution: good	Durham, N.C.;office/clinic; women 18-80 y/o seen in clinic w/in 18 mo prior to study; 81% African-American; 27% married, 42% employed, 21% H.S. + education, 34% not insured	1. Tailored (individualized cancer screening advice) print material sent on birthday + computer driven provider reminder 2. Provider reminder, only	Completed Pap test w/in previous year (self-report: 1 (59%) vs. 2 (61%) = -2 pct pt
Rimer, 2002 (November 1997 – August 2000) Intervention: Small media	Design: Randomized trial (Individual) Design Category: Greatest suitability Execution: Fair	North Carolina (statewide enrollment in Blue Cross Blue Shield of NC i.e. BCBSNC); HMO; women aged 40 – 44 and 50 – 54; 81%-85% White, 14%-16% Black. (regardless of screening status)	1. Tailored print material – booklet followed by newsletter (n=374) versus 2. Usual care (n=378)	Completed mammogram determined by self report 1 versus 2 = -4.5 pct pt (NS)
Rothman, 1993 (January 1990) Intervention: Small media	Design: Randomized trial (group) Design Category: Greatest suitability Execution: Fair	Northeastern US; workplaces; Female employees of a utility company aged 40 and older who were not compliant with breast cancer screening; mean age 49 years; 85% White, 12% African American, 0.5% Hispanic, 1% Asian.	1.Video emphasizing women's responsibility for getting a mammogram versus 2.Video emphasizing doctor's responsibility for detecting breast cancer versus 3.Video with no assigned responsibility	Completed mammogram determined by self report 1 versus 2 = 8.8 pct pt (p<.05) 1 versus 3 = 10.7 pct pt (p<.05) 2 versus 3 = 1.9 pct pt (NR) Excluded from analysis because only compared three variations of the educational video
Seow, 1998 (1994-1997) Intervention: Small media	Design: Randomized trial Design Category: Greatest suitability Execution: Fair	Singapore; hospitals and homes; women between the ages of 50 and 64 years selected for the Breast Screening Project who	1. Letter plus brochure mailed (n=500) versus 2. Women who received only the series of invitations (n=500)	Completed mammogram determined by medical record audit 1 versus 2 = 0.6 pct pt (NS)

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Intervention		Description	Number of Participants	Significance
		had not responded to the		
		invitation and first		
		reminder and were due to		
		receive their second		
		<u>reminders;</u> Mean age		
		58.4-59.0 across groups;		
		69.8%-74.2% Chinese,		
		16.4%-19.4% Malay,		
		8.4%-10.0% Indian.		
Skinner, 1994	Design: Randomized trial	North Carolina; clinic;	1. Tailored	Completed mammogram
(NR)	(Individual)	ages 40-65 yrs who had	recommendation letter	determined by self report
Intervention: Small	Design Category:	visited one of the selected	mailed (n=248) <i>versus</i>	1 versus 2 = 13.0 pct pt
media	Greatest suitability	practices in the previous 2	2. Standard	(NS)
	Execution: Fair	yrs, had telephones, and	recommendation letter	
		had never been diagnosed	sent with no individualized	
		with breast cancer; 84%	message (n=249)	
		White, 16% African		
		American; 10% less than		
		high school education.		
		(Regardless of screening		
		status)		
Taylor, 2002	Design: Randomized trial	Seattle, WA and	1. Letter, fact sheet,	Completed Pap test
(1999-2000)	Design Category:	Vancouver, CAN;	motivational pamphlet,	determined by self report
Intervention: Small	Greatest suitability	community-based; 20-69	video, educational	verified by medical record
media	Execution: Fair	yrs; Must speak	brochure mailed	audit
		Cantonese, Mandarin or	2. Control: Usual care	1 versus 2 = 10.0 pct pt
		English; no history of	N=402	(p<.05)
		invasive cervical cancer;		``
		no hysterectomy;		
		identified as an		
		underutilized Pap test		
		users (not having a Pap		
		test in previous 2 years);		
		100% Chinese.		

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Yancey, 1995	Design: Nonrandomized	New York City, NY and Los	1. Videos in clinic (LA)	Completed Pap test
(May- December 1992)	trial	Angeles, CA; clinic/office;	(n=335) <i>versus</i>	determined by medical
Intervention: Small	Design Category:	eligibility criteria not	2. Patients of both	record audit
media	Greatest suitability	reported. RYAN (NYC) -	clinics/centers during "off	1 versus 2 = 8.0 pct pt
	Execution: Fair	55.7%-58.3% Latina,	weeks" comprised the	(p<.05)
		30.1%-31.7% African	comparison group – clinics	3 versus 4 = 5.0 pct pt
		American, 6.8%-7.3%	served as their own	(p<.05)
		White;	controls (LA)(n=325)	
		VFC (LA)- 75.4%-81.2%	3. Videos in clinic (NYC)	
		Latina, 5.2%-6.2%	(n=533) <i>versus</i>	
		African American, 12.3%-	4. Patients of both	
		16.9% White; 84.9%-	clinics/centers during "off	
		86.7% <poverty line.<="" td=""><td>weeks" comprised the</td><td></td></poverty>	weeks" comprised the	
			comparison group – clinics	
			served as their own	
			controls (NYC)(n=551)	